

Coaching a Growth Mindset

Growth mindset: the understanding that abilities and intelligence can be developed.

5 Questions to Develop a Growth Mindset

1. What did you learn from today's performance?
2. What steps did you take to make you successful today?
3. What are some different strategies you could have used?
4. How did you keep going when things got tough?
5. What can you learn from your opponent today?

5 Feedback Comments to Develop a Growth Mindset

1. This will be a challenging concept to learn, but I believe you can master it.
2. You haven't got it yet, but you will if you keep working and thinking about it.
3. I really appreciated your effort today.
4. It is okay to take risks, that's how we learn.
5. Getting better takes time and I see you improving.

